Addressing the Behavioral Health Needs of Older Adults: Video Training Series

The course consists of four modules for a total of 6.5 Ohio Social Work CEUs:
- Module 1: Lifespan Development - 1.5 hours
- Module 2: Treatment, Medication Management, and Substance Use Disorders - 1.5 hours
- Module 3: Community Resources - 1.5 hours
- Module 4: Practical Application (Case Studies Panel) – 2 hours

Module 1: 1.5 hours – Lifespan Development
Dr. Ronan Factora – Normal Aging Processes
Objectives
1. Recognize normal aging changes
2. Recognize functional decline
3. Think about potential causes for functional decline

Dr. Philipp Dines – Behavioral Health Issues During Aging
Objectives
1. Recognize the breadth of changes that accompany the aging process, including physiological, sensory, cardiovascular, respiratory, gastrointestinal, endocrine, musculoskeletal, hematological, immune, and cognitive.
2. Understand the effects of aging on pharmacokinetics and pharmacodynamics
3. Understand the outcomes related to late-life mental illness

Module 2: 1.5 hours – Treatment, Medication Management, and Substance Use Disorders
Dr. Philipp Dines – Medication Overview for Older Adults
Objectives
1. Understand the different pharmacological needs of older adults in comparison with younger patients
2. Recognize the complexity of pharmacological needs as a result of changes related to aging

Marilyn Culley – Medication Management for Older Adults
Objectives
1. Identify unique ways that drugs affect the body as it ages.
2. Understand some of the common psychotropic drugs used in aging population and their specific impacts.
3. Become familiar with components of the Beers List and its implications for older adults.

Louis Weigele – Addiction/Substance Use Disorders in Older Adults
Objectives
1. Understand unique risks of substance abuse among older adults

2. Be able to identify and apply effective strategies for treating older adults with substance abuse issues

Module 3: 1.5 hours – Special Topics and Community Resources
Bert Rahl - Hoarding Disorder
<u>Objectives</u>
1. Understand the definition of hoarding.
2. Understand how Hoarding Disorder develops.
3. Identify tools used to identify hoarding levels.
4. Understand current best practices in treating Hoarding Disorder.

Bert Rahl and Rebecca Zeiter - Community Resources
<u>Objectives</u>
1. Identify and understand how to access standard government systems available to support the behavioral health needs of older adults.
2. Identify and understand how to access additional community resources available to support the behavioral health needs of older adults.

Module 4: Practical Application (Case Studies Panel) – 2 hours
Bert Rahl, Rebecca Zeiter, Larry Vavro, Natasha Pietrecola, Lou Weigele
<u>Objectives</u>
1. Examine community-based cases involving older adults and explore behavioral health issues present in each.
2. Analyze these cases and develop a strategy to resolve the unique needs of each client using existing community resources.